



Choreographed by Peter & Alison (TheDanceFactoryUK)

Tel: 01727 853041 Website: www.thedancefactoryuk.co.uk

4 wall – 64 count intermediate line dance (start on verse vocals on the word ... IF) – 132bpm

Music: Inhibitions – Alcazar

1-8 R side touch, hold, L & R side switches, R fwd rock & recover, R ball cross

1-2 Touch R toes side, hold

&3&4 Step R together, touch L toes side, step L together, touch R toes side

5-6 Rock R forward, recover weight on L

&7-8 Step R back, cross step L over R, step R side

9-16 Weave R 2, L cross rock & recover, L ball cross into ½ R hinge turn, L cross step

1-4 Cross step L behind R, step R side, cross rock L over R, recover weight on R

&5-6 Step L back, cross step R over L, turning ¼ right step L back

7-8 Turning ¼ right step R side, cross step L over R (*6 o'clock*)

17-24 R side hold, R side, L touch together, vine L with ¼ L

1-2& Step R side, hold, step L together

3-4 Step R side, touch L together

5-8 Step L side, cross R behind L, turning ¼ left step L forward, step R forward (*3 o'clock*)

25-32 L fwd rock & recover, L together, R touch step, hold, L fwd rock & recover, L coaster cross

1-2 Rock L forward, recover weight on R

&3-4 Step L together, touch R together (*R knee popped forward*), hold

&5-6 Step right foot in place, rock L forward, recover weight on R

7&8 Step L back, step R together, cross step L over R

33-40 R toe strut, L back rock & recover, vine L with L ball cross ¼ L turn

1-4 Touch R toes side, step R heel down, rock L back, recover weight on R

5-6 Step L side, cross step R behind L

&7-8 Step L side, cross step R over L, turning ¼ left step L forward (*12 o'clock*)

41-48 Turn ¼ L & R toe strut, L back rock & recover, vine L with L ball cross ¼ L turn

1-4 Turning ¼ left step R toe side, step R heel down, rock L back, recover weight on R

5-6 Step L side, cross step R behind L

&7-8 Step L side, cross step R over L, turning ¼ left step L forward (*6 o'clock*)

49-56 ¾ L turn, R & L cross points, R coaster step

1-2 Turning ½ left step R back, turning ¼ left step L side (*9 o'clock*)

3-6 Cross step R over L, point L side, cross step L over R, point R side

7&8 Step R back, step L together, step R forward

(On final wall you will get this far, step L forward and strike a pose!)

57-64 L fwd rock & recover, ¼ L & L together, R fwd, ¼ L pivot turn, R jazz box

1-2 Rock L forward, recover weight on R

&3-4 Turning ¼ left step L together, step R forward, pivot ¼ left

5-8 Cross step R over L, step L back, step R side, step L forward (*3 o'clock*)